

HEALTHY KANSANS 2020

Working together, working smarter to routinely connect state and local partners across disciplines and sectors to enhance implementation of innovative systems and strategies, and improve individual and community well-being in Kansas by 2020.

Cross-cutting Themes and Priority Strategies

Healthy Living	Healthy Communities	Access to Services
<ul style="list-style-type: none"> • Promote physical activity (encourage and market the benefits of physical activity, expand access to public places for physical activity, expand opportunities for physical activity in schools and child care settings) 	<ul style="list-style-type: none"> • Promote access to healthy foods, and support policies that promote healthy food choices (label healthy vending and menu options, encourage farmers' markets and expand access to reach seniors and low income Kansans) 	<ul style="list-style-type: none"> • Improve access to services that address the root causes to poor health (food insecurity, homelessness, low education, income and health literacy)
<ul style="list-style-type: none"> • Promote healthy eating (provide nutrition education to address low health literacy, encourage healthy eating through marketing materials, promote availability of healthy local foods) 	<ul style="list-style-type: none"> • Support policies that make the default choice the healthy choice (policies that influence/support the adoption of healthy lifestyle behaviors, reduce prevalence of chronic disease, injury and rates of infectious disease, and support the quality and availability of child care) 	<ul style="list-style-type: none"> • Effectively and efficiently use population health management through health information technology (HIT) (optimize use of electronic health records (EHR's) and health information exchange (HIE))
<ul style="list-style-type: none"> • Develop incentives for Kansans to participate in health and wellness programs (smoking cessation, weight loss, nutrition classes, chronic disease self-management) 	<ul style="list-style-type: none"> • Promote environments and community design that impact health and support healthy behaviors (ensure access to clean air and water, promote adoption of complete streets designs, promote walking trails, bike trails and ensure safe housing free of lead, mold and radon) <div data-bbox="724 1177 1381 1521" data-label="Text"> <p>Kansans working together to impact the natural as well as human-formed conditions that influence health and/or risk for injury.</p> </div>	<ul style="list-style-type: none"> • Promote integrated health care delivery, including integrated behavioral health, social services and medical care (patient-centered medical home, trainings for health professionals) <div data-bbox="1381 1177 2001 1521" data-label="Text"> <p>Kansans ready access to information and health and social services to achieve the best health outcomes.</p> </div>
<ul style="list-style-type: none"> • Promote tobacco use prevention and control (cessation, policy and education) 		
<ul style="list-style-type: none"> • Improve supports for the social and emotional development of children and families (healthy home visitors, mental health, bullying, parents as teachers, breastfeeding education and prenatal care) <div data-bbox="81 1177 724 1521" data-label="Text"> <p>Kansans equipped to take an active role in improving their health and supporting their families and friends in making healthy choices.</p> </div>		